

MRT Results for A. SCHAUSS, page 1 of 2

Physician: **Dr. Joel Grimwood**
 Patient: **ANASTASYA SCHAUSS**
 Identifier: **61203**
 Profile: **MRT Test ML150**
 Test Date: **07/26/2006**
 Technician: **MM**



Signet Diagnostic Corp.
 3555 Fiscal Court, Suite #8-9
 Riviera Beach, FL 33404
 Phone: (561) 848-7111
 FL License #: L800010492
 CLIA ID #: 10D0914874
 U.S. Patents: 6,114,174 6,200,815

Test Reaction Levels	
Non-Reactive	Moderately Reactive
Vegetables	
	Reaction Level
PUMPKIN	Non-Reactive
CABBAGE	Non-Reactive
CELERY	Non-Reactive
ONION	Non-Reactive
ASPARAGUS	Non-Reactive
SPINACH	Non-Reactive
SWEET POTATO	Non-Reactive
GREEN PEPPER	Non-Reactive
CUCUMBER	Non-Reactive
TOMATO	Non-Reactive
YELLOW SQUASH	Non-Reactive
BEET	Non-Reactive
MUSHROOM	Non-Reactive
STRING BEAN	Non-Reactive
BROCCOLI	Non-Reactive
CARROT	Non-Reactive
ZUCCHINI	Moderately Reactive
EGGPLANT	Moderately Reactive
CAULIFLOWER	Moderately Reactive
WHITE POTATO	Reactive
LETTUCE	Reactive
Grains	
	Reaction Level
OAT	Non-Reactive
BUCKWHEAT	Non-Reactive
CORN	Non-Reactive
RYE	Non-Reactive
MILLET	Non-Reactive
RICE	Non-Reactive
AMARANTH (GRAIN)	Non-Reactive
BARLEY	Non-Reactive
KAMUT	Moderately Reactive
QUINOA	Moderately Reactive
SPELT	Moderately Reactive
WHEAT	Moderately Reactive
Chemicals	
	Reaction Level
ACETAMINOPHEN	Non-Reactive
SORBIC ACID	Non-Reactive
FD&C RED #3	Non-Reactive
FD&C YELLOW #5	Non-Reactive
SOLANINE	Non-Reactive
SODIUM METABISULFITE	Non-Reactive
SACCHARINE	Non-Reactive
SALICYLIC ACID	Non-Reactive
CANDIDA ALBICANS	Non-Reactive
POTASSIUM NITRITE	Non-Reactive
CAFFEINE	Non-Reactive
BENZOIC ACID	Non-Reactive
FD&C GREEN #3	Non-Reactive
FRUCTOSE	Non-Reactive
FD&C BLUE #1	Non-Reactive
PHENYLETHYLAMINE	Non-Reactive
FD&C YELLOW #6	Non-Reactive
MSG	Moderately Reactive
LECITHIN	Moderately Reactive
SODIUM SULFITE	Moderately Reactive
FD&C BLUE #2	Moderately Reactive
ASPARTAME	Moderately Reactive
FD&C RED #40	Reactive
POLYSORBATE 80	Reactive
POTASSIUM NITRATE	Reactive
IBUPROPHEN	Reactive
TYRAMINE	Reactive

Fruits	
	Reaction Level
PLUM	Non-Reactive
OLIVE	Non-Reactive
APRICOT	Non-Reactive
CANTALOUPE	Non-Reactive
GRAPE	Non-Reactive
HONEYDEW MELON	Non-Reactive
APPLE	Non-Reactive
PINEAPPLE	Non-Reactive
RASPBERRY	Non-Reactive
CRANBERRY	Non-Reactive
PEACH	Non-Reactive
BLUEBERRY	Non-Reactive
CHERRY	Non-Reactive
WATERMELON	Non-Reactive
GRAPEFRUIT	Non-Reactive
PEAR	Non-Reactive
STRAWBERRY	Non-Reactive
ORANGE	Moderately Reactive
AVOCADO	Moderately Reactive
PAPAYA	Reactive
MANGO	Reactive
BANANA	Reactive
Meats & Poultry	
	Reaction Level
TURKEY	Non-Reactive
BEEF	Non-Reactive
EGG	Non-Reactive
PORK	Moderately Reactive
CHICKEN	Moderately Reactive
LAMB	Moderately Reactive
DUCK MEAT	Moderately Reactive
Seafood	
	Reaction Level
CODFISH	Non-Reactive
RED SNAPPER	Non-Reactive
CLAM	Non-Reactive
SOLE	Non-Reactive
TROUT	Non-Reactive
CRAB	Non-Reactive
SHRIMP	Non-Reactive
SCALLOP	Moderately Reactive
TUNA	Moderately Reactive
SALMON	Moderately Reactive
Flavor Enhancers	
	Reaction Level
PARSLEY	Non-Reactive
LEMON	Non-Reactive
COCOA	Non-Reactive
DILL	Non-Reactive
MINT	Non-Reactive
COCONUT	Non-Reactive
MUSTARD	Non-Reactive
BAY LEAF	Non-Reactive
BLACK PEPPER	Non-Reactive
CANE SUGAR	Non-Reactive
GINGER	Non-Reactive
LEEK	Non-Reactive
SESAME	Non-Reactive
GARLIC	Non-Reactive
BASIL	Non-Reactive
HONEY	Non-Reactive
CINNAMON	Non-Reactive
CUMIN	Non-Reactive
OREGANO	Non-Reactive
CAYENNE PEPPER	Non-Reactive
PAPRIKA	Non-Reactive
TURMERIC	Non-Reactive
POPPY SEED	Non-Reactive
VANILLA	Moderately Reactive
NUTMEG	Reactive

MRT Results for A. SCHAUSS, page 2 of 2

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Beans/Nuts/Legumes	Reaction Level
ALMOND	Low
HAZELNUT	Low
GREEN PEA	Low
WALNUT	Low
PECAN	Low
SUNFLOWER SEED	Low
CASHEW	Low
GARBANZO BEAN	Low
PEANUT	Low
PISTACHIO	Low
LENTIL	Low
PINTO BEAN	Low
SOYBEAN	Moderate
LIMA BEAN	High

Dairy	Reaction Level
BLUE CHEESE	Low
SWISS CHEESE	Low
AMERICAN CHEESE	Low
YOGURT	Low
COW'S MILK	Low
GOAT'S MILK	Moderate
COTTAGE CHEESE	High

Miscellaneous	Reaction Level
YEAST MIX	Low
COFFEE	Low
HOPS	Low
TEA	Low
COLA NUT	Moderate

Degrees of reactivity may not in all cases correlate with presence or level of clinical sensitivity to the food. Strongly positive results have been found to correlate with food reactivity. It is appropriate to eliminate foods with Reactive Scores. Moderately reactive scores should be evaluated by the physician or dietitian based upon patient history and frequency of consumption. After an appropriate period of elimination, reintroduce them one at the time under physician and/or dietitian supervision. If negative foods have been consumed regularly before drawing the blood for the test, there is high probability that they are 'safe' and are not likely to provoke symptoms. If test positive foods are eliminated from the diet, these non-reactive foods reasonably could remain in the permitted diet during the elimination phase. The clinician or dietitian should remain alert to the possibility that any of these foods might provoke symptoms.



LEAP ImmunoCalm Diet Program

Patient name:
ANASTASYA SCHAUSS

Physician:
Dr. Joel Grimwood

Identifier:
61203-0

Test date:
07/26/2006

Phase 1
DAYS 1 - 7

Phase 2
DAYS 8 - 12

Phase 3
DAYS 13 - 17

Phase 4
DAYS 18 - 22

Phase 5
DAYS 23 - 27

Proteins



CODFISH
RED SNAPPER
CLAM

TURKEY
BEEF
EGG

SOLE
GARBANZO BEAN
TROUT

CRAB
LENTIL
SHRIMP

PINTO BEAN

Starches



OAT
BUCKWHEAT

CORN
SWEET POTATO

RYE
AMARANTH (GRAIN)

MILLET
RICE

BARLEY

Vegetables



PUMPKIN
CABBAGE
CELERY
GREEN PEA

ONION
ASPARAGUS
SPINACH
GREEN PEPPER

CUCUMBER
TOMATO
YELLOW SQUASH
BEEF

MUSHROOM
STRING BEAN
BROCCOLI
CARROT

Fruits



PLUM
APRICOT
OLIVE
CANTALOUPE

GRAPE
HONEYDEW MELON
APPLE
PINEAPPLE

RASPBERRY
BLUEBERRY
CRANBERRY
PEACH

CHERRY
WATERMELON
GRAPEFRUIT
PEAR

STRAWBERRY

Dairy / Miscellaneous



BLUE CHEESE
COCOA

SWISS CHEESE
AMERICAN CHEESE

COFFEE
YOGURT

COW'S MILK
TEA

Nuts / Seeds / Oils



ALMOND
HAZELNUT
CORN

OLIVE
WALNUT
SESAME

PECAN
SUNFLOWER SEED
CASHEW

PEANUT
PISTACHIO
POPPY SEED

Flavor Enhancers



PARSLEY
LEMON
DILL
MINT
BAY LEAF

COCONUT
MUSTARD
BLACK PEPPER
CANE SUGAR
GINGER

LEEK
SESAME
GARLIC
BASIL
HONEY

CINNAMON
CUMIN
CAYENNE PEPPER
OREGANO
PAPRIKA

TURMERIC
POPPY SEED



LEAP ImmunoCalm Diet Program, Phase 6 - 3 Day Rotation Diet

Patient name:
ANASTASYA SCHAUSS

Physician:
Dr. Joel Grimwood

Identifier:
61203-0

Test date:
07/26/2006

Day 1

Day 2

Day 3

Proteins



GARBANZO BEAN
LENTIL
PINTO BEAN
RED SNAPPER
TURKEY

BEEF
CLAM
CODFISH
SOLE

CRAB
EGG
SHRIMP
TROUT

Starches



BARLEY
OAT
RYE

BUCKWHEAT
CORN
RICE

AMARANTH (GRAIN)
MILLET
SWEET POTATO

Vegetables



GREEN PEA
GREEN PEPPER
MUSHROOM
STRING BEAN
TOMATO

CARROT
CELERY
CUCUMBER
PUMPKIN
YELLOW SQUASH

ASPARAGUS
BEET
BROCCOLI
CABBAGE
ONION
SPINACH

Fruits



APRICOT
BLUEBERRY
CHERRY
GRAPE
PEACH
PLUM

CANTALOUPE
CRANBERRY
GRAPEFRUIT
HONEYDEW MELON
PINEAPPLE
WATERMELON

APPLE
OLIVE
PEAR
RASPBERRY
STRAWBERRY

Dairy / Miscellaneous



AMERICAN CHEESE
BLUE CHEESE
COW'S MILK
SWISS CHEESE
YOGURT

COCOA
TEA

COFFEE

Nuts / Seeds / Oils



ALMOND
HAZELNUT
PECAN
WALNUT

CORN
PEANUT
POPPY SEED
SESAME

CASHEW
OLIVE
PISTACHIO
SUNFLOWER SEED

Flavor Enhancers



BAY LEAF
BLACK PEPPER
CANE SUGAR
CAYENNE PEPPER
GINGER
HONEY
PAPRIKA

CINNAMON
CUMIN
DILL
LEMON
PARSLEY
POPPY SEED
SESAME

BASIL
COCONUT
GARLIC
LEEK
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